

LEAD FOR LIFE INTERNSHIP PROGRAMME



Presbyterian Youth

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Lead For Life Internship Programme

Information for Interns

The Programme

Aims of the Lead for Life Internship

The PY Lead for Life Internship programme has three objectives:

1. Help build the foundations of their faith by providing young leaders with a deeper understanding of God's word that they might love Him
2. Stimulate young leaders' to grow in godly character by helping them nurture their relationship with God
3. Train young leaders in practical skills of leadership and ministering to others

Three specific components to the programme

1. **Residential training** course for 6 days at **PY Summer Camp** involving teaching sessions and discussion groups. Teaching sessions are run by qualified ministers of the Presbyterian Church and others.
2. **Local church ministry and follow-up (i.e. Internship)**. For 12 months after the training course leaders will participate in some form of ministry in their local church (e.g. helping with Sunday school, a kids club etc). A person from their local church provides ongoing support/mentoring to the leader during this time.
3. **Assistant small group leader at a PY camp or a pre-approved regional youth camp**. Young leaders will be assistant leaders at either of PY's Winter or Summer Camps or at a pre-approved regional youth camp. At these camps they will be paired with an experienced leader where they will gain experience in serving God in a wider Christian context outside their local church.

Requirements

The PY Lead for Life Internship programme is aimed at ages between 18-23 years old but there is flexibility at either end depending on individual circumstances. The programme also has a number of components in which the young leader must participate (essential dates for the diary in **bold**).

- One week intensive training at Summer Camp (**Dec 26 – Jan 1**)
- A ministry in their local church for the 12 months after Summer Camp. They might help or lead Sunday school, kids' club, music ministry or youth group etc. This will need to be discussed and coordinated with their minister.
- Meeting regularly with a mentor in their church during this time of ministry (mentoring).
- Attending either a PY camp (Winter Camp on the **long weekend in June**, or the following Summer Camp) or a pre-approved regional youth camp as an assistant leader. Please contact Murray Norman at the PY Office for a list of pre-approved regional youth camps in your area.
- If attending a PY Camp, then the leader should attend a Preparation Day for camp leaders, held approximately **one month before camp**. If you live greater than 2 hours drive from Sydney you are exempt from attending Preparation Day and will be sent a distance pack instead.
- Obtain a Working With Children Check clearance and undertake PY Child Protection training

The Educational Framework

The Lead For Life programme uses the Australian College of Theology (ACT) Certificate in Theology (CertTheol) programme as a syllabus for its training. The Lead For Life programme covers 50% of the requirements for this course (i.e. 3 units). The intern will do one biblical unit, one unit on Christian leadership and management, and one unit in relation to the fieldwork in the local church. All of the material for the biblical unit will be covered at Summer Camp. Half of the material for the Christian leadership unit will be covered at Summer Camp and for the remainder interns will listen to some lectures after camp to complete this unit. These lectures will be given to interns in electronic format. The fieldwork component will

be completed during the rest of the year and is based on assignments that reflect on the practical ministry interns do in their local church.

The intern will do the following three subjects in 2017-18:

Summer Camp week residential	Through-out the year, after Summer Camp, by distance
1. Christian Belief	
2. Christian Leadership and Management (half)	Christian Leadership and Management (half)
3.	Lay Ministry Field Education

There will be one exam at Summer Camp for the biblical unit only. The Christian leadership unit and fieldwork will be assessed with assignments (or take home exam) after Summer Camp. These units are assessed at a certificate level, similar to a first-year TAFE qualification. Further details of the CertTheol course structure are found in the Appendix.

Application Process

The application process in 2016 will be online. A link to Form A will be sent to the young leader and a link to Form C will be sent to the minister/elder of the local church. Both forms, A and C, are required before an application can be approved. No applications of Form A will be considered without a Form C.

Form	Who fills it in	What
i) A	Young person intending to do the internship	Information about why the young person wants to do the Internship programme, their Christian background and current church involvement
ii) C	Church young person currently attends	Provides church's support for the young person's application, including details of the mentoring process and internship

N.B. Intern applications will not be approved without the endorsement of their church before Summer Camp

Endorsement of Session / Minister and Mentoring

*The young person's local church must submit the separate Local Church Recommendation Form C which will be sent to the church directly

Please discuss with your minister or the person overseeing the application process the mentoring program that you will be doing. Start thinking how regularly you intend to meet, what structure the meetings will take and what sort of material you intend to cover during your meetings. An exception will be given to those applicants who have to change churches after Summer Camp because they will be moving to another location for work or study. However, your internship will need to be organised by May in the applicant's new church for the second half of the year.

	26th	27th	28th	29th	30th	31st	1st	
Time	SAT	SUN	MON	TUES	WED	THURS	FRI	
8:00 am		Breakfast						
8:30		Small group Review	Small group Review	Small group Review	Small group Review	Small group Review	Small group Review	
9:00		Singing & Devos	Singing & Devos	Singing & Devos	Singing & Devos	Singing & Devos	Singing & Devos	
9:40		Biblical Lecture 1	Biblical Lecture 3	Biblical Lecture 5	Biblical Lecture 7	Leadership Lecture 5	Small group Review of NYE	
10:40		Morning Tea						
11:00		Leadership Lecture 1	Leadership Lecture 2	Biblical Lecture 6	Exam for Biblical subject	Leadership Task 5	Reflection assignment - NYE	
11:40		Leadership Task 1	Leadership Task 2	Biblical workshop C	Biblical subject	Small group reflection	Guided Personal reflection	
12:30		Lunch						
1:30		Biblical Workshop A	Biblical Workshop B	Leadership Lecture 3	Leadership Lecture 4	Leadership Workshop 1	Clean up	
2:30/ 2:10		Guided Personal reflection	Guided Personal reflection	Leadership Task 3	Leadership Task 4	Guided Personal reflection	Farewell	
3:00		Rego						
		Free Time	Free Time	Beach with Summer Camp	Chillax @ beach	Summer Camp NYE activity prep		
		Afternoon Tea						
6:00		Dinner						
7:00		Biblical Lecture 2	Biblical Lecture 4	Small group reflection & questions	Small group reflection	NYE activity Prep		
7:30		Introduction						
8:00		Orientation & group time	Small group reflection & questions	Small group reflection & questions	Small group reflection & questions	Summer Camp NYE activity prep	Run NYE activity	
9:00		Supper						
9:15		Team meeting	Team meeting	Team meeting	Team meeting	Team meeting	NYE Summer Camp	
10:30		Bed & Lights Out						

Example of the residential training component of the PY Lead for Life Internship

Important Note

Please note that the requirements of the programme are quite demanding, both during the intensive training week at Summer Camp and during your 12 months of ministry in your local church. Please think carefully about applying, and about your availability for each of the components. If you are unable to make any of the dates, you may outline your reasons and request special consideration.

The programme also requires quite a commitment from your local church (especially to the mentoring programme), so we need a positive endorsement as an indication of their willingness to meet these demands. If you are not successful for this intake, you can apply again for next year. Our acceptance or decline of an application is not to be taken as either an endorsement or recommendation of a person.

Indicative Costs

The indicative costs for the programme are given below, based on 2016 fees. These fees may be subject to increases in line with CPI in the coming 6 months. Please contact the PY Office for final fees.

Cost to local Church: \$250 per person

Cost to individual Young Leader:

CAMP FEES: Summer Camp 2016 - \$375 (early bird); PY Camp 2018 plus Camp Preparation Day (\$15-20) OR Pre-approved regional youth camp 2018

Please note: This internship programme is substantially subsidised by PY, and if you register early for camps you save money with the early bird rate.

Checklist

1. I have discussed my application to this programme with my minister including who would be a suitable mentor and ministry for me.
2. I indicate that I am available for each of the components of the programme listed above.
3. I understand that these are costs for the programme and I am able to meet these.
4. If you are planning to do a ministry at your church that involves working with children or youth, your church will need you to obtain a Working with Children Check. Make sure you do this before starting any ministry. You will also be required to do Child Protection Training before leading on any of PY's camps.
5. I understand that my enrolment in the programme is contingent upon my personal life living up to the ideals and morals found in Scripture both during the programme and back in my local church, and that breaches in regard to the above will jeopardise my enrolment in the programme.

More Information:

If you have any questions, please contact:

Karen Astles, Internship Co-ordinator, M: 0427 734 307 or

Mick Quirk at the PY Office ph: 02 8567 4700; email: mickquirk@pynsw.org.au

Lead For Life Internship Programme

Local Church Information

Introduction

The recommendation form is designed to assist the team in selecting and designing the training process for the interns. Therefore, it is important to provide a balanced report—we are not simply seeking the brightest and best. There are many other factors that determine selection. A key factor in selecting the interns is the follow-up (both ministry internship and mentoring) that they will receive from their church. Those who are not offered placements this year can re-apply next year. Places are limited.

An outline of Lead for Life Internship requirements

The PY Lead for Life programme has three objectives:

1. Help build the foundations of their faith by providing young leaders with a deeper understanding of God’s word that they might love Him
2. Stimulate young leaders’ to grow in godly character by helping them nurture their relationship with God
3. Train young leaders in practical skills of leadership and ministering to others

There are three specific components to the programme.

1. **Residential training** course for 6 days at **PY Summer Camp** involving teaching sessions and discussion groups. Teaching sessions are run by qualified Presbyterian ministers and others.
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The Importance of the Local Church Recommendation and Mentoring

The programme is about developing emerging young leaders (18 – 23 years old but flexible) in the local church. It is important for us to work with local churches, and we do this in two ways.

First, through your input and recommendation via this form we are able to deliver the best possible training experience, and train the people that you think would be most appropriate for the programme.

Second, the local church provides the in-church internship and mentoring for the young leader. To this end we ask the church to:

- a) Discuss with the young leader areas they may be involved in for their internship. We expect the applicant and church to discuss these areas fully **before Summer Camp** and that the church assist them in developing a suitable programme that suits their needs and those of the church.
- b) Allocate a suitable mature Christian in the church to be the applicant's mentor. We expect this to be done in discussion with the applicant. **It is very important that the mentor be determined before Summer Camp.** This is to enable the mentoring and internship to begin as soon as possible after Summer Camp. Therefore, the person to be the mentor must agree to this and their contact details must be included on this form. **A summary of the role of the mentor is provided on page 8** of this form. Once the application has been approved the mentor will be sent a full Mentor's Guide to assist them in their role. An exception will be given to those applicants who have to change churches after Summer Camp because they will be moving to another location for work or study. However, their internship will need to be organised by May in the applicant's new church for the second half of the year.

Significant Dates

The significant dates in relation to the Lead for Life internship are as follows:

- One week intensive training at Summer Camp (**Dec 26 – Jan 1**)
- Attending either a PY camp (Winter Camp on the **long weekend in June**, or the following Summer Camp) or a pre-approved regional youth camp as an assistant leader. Please contact Murray Norman at the PY Office for a list of pre-approved regional youth camps in your area.
- If attending a PY Camp, attending a Preparation Weekend for camp leaders held approximately **one month before camp**

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Indicative Costs:

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More Information:

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Karen Astles, Internship Co-ordinator, M: 0427 734 307 or

Mick Quirk at the PY Office ph: 02 8567 4700, email: mickquirk@pynsw.org.au

Summary of the Role of the Mentor

Vision and Purpose of the Lead For Life Internship Programme

The vision of PY's Lead for Life Internship programme is to help develop the spiritual foundations of young leaders that they might love God with all their heart, mind, soul and strength (Deut. 6:5). By so doing we aim to develop leaders who will serve faithfully as the people God designed them to be in their local churches, community, family and wider church. The Lead for Life Internship programme is not just about equipping people with skills in "doing" ministry. Rather it is more about building Christian character and encouraging a young leader's personal growth in Christ.

The Training Programme

The aims of the training programme are to:

1. Help build the foundations of their faith by providing young leaders with a deeper understanding of God's word that they might love Him
2. Stimulate young leaders' to grow in godly character by helping them nurture their relationship with God
3. Train young leaders in practical skills of leadership and ministering to others

Purpose of the internship component

The purpose of the local church internship component is to:

To provide young leaders with an opportunity to serve in or through their local church and to grow in Christian maturity through structured oversight and supportive relationships.

The internship will give the young leaders valuable experience in putting into practice many of the things they learnt during the residential training week. It is easy to come away from a week of training and not know how it is supposed to work in practice. Therefore the internship is a very important part of the programme as it will give the young leader the challenge of growing in the characteristics of a leader in very practical situations.

The Role of the Mentor

Your role as a mentor is to provide them with structured oversight to help them grow in their Christian character as they engage in some practical ministry situation. The structured oversight you will provide will help them to think through what they are doing and grow in maturity in Christ from their experiences.

Your role will involve five main things:

1. Meeting with your young leader regularly
2. Praying for your young leader regularly
3. Guiding your young leader in their internship programme
4. Helping your young leader set and work towards goals in personal godliness
5. Helping keep your young leader accountable to doing their CertTheol assignments on time

A Guide for the Mentor is sent to all mentors after the residential training component at Summer Camp, and this provides more detailed guidance and suggested resources for your role. This Guide can be sent to you earlier upon request to the PY Office.

APPENDIX

Certificate in Theology

The Course:

The course is intended to further the education of adults in relation to Christian faith and life. Its aim is to stimulate the interest of alert and enquiring minds. What is required is not so much academic scholarship as an understanding of Christian theology and its implication for contemporary life. The Certificate in Theology makes an ideal preparatory and enabling program for students who wish, at a future point, to undertake study at undergraduate level in the Australian College of Theology, but may not otherwise meet the entry requirements of an accredited undergraduate award or may find undertaking accredited undergraduate level study, without suitable preparation, arduous.

Entry Requirements:

Open to persons who have satisfactorily completed Year 10 in an Australian school system (or equivalent); or to such other persons approved by the Board of Directors.

Course Structure:

The course consists of students taking 6 units. The **three core** required units are:

Old Testament

New Testament

Christian Belief

Students are also required to complete **three elective units**; see ACT Handbook at this link for a list of electives: <http://www.actheology.edu.au/undergrad%20handbook/34%20CertTheol.pdf>